

Volume 13 Number 12
December 2019



unity
Spiritual Center

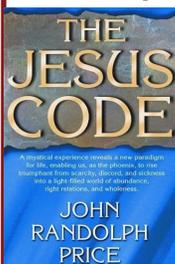
Sun



December Classes

Discussion Group: The Jesus Code

Thursdays 10:30am - 11:30am



Before leaving for Colorado, Rev. Jim taught a class on The Jesus Code, a book by John Randolph Price. Because of the popularity of the class, Rev. Jim will be discussing portions of this book on Thursdays. You are invited to join Rev. Jim online with others as they delve into this interesting approach to spirituality.

In a very vivid dream during a January night in 1998, John Randolph Price was emphatically denied access to the secret gate leading to Cosmic Consciousness. Both curious and concerned, he pondered what

to do next. Then he was suddenly given the specific instruction: See Jesus for the Code. John began the task immediately upon awakening, first with quiet prayer to become attuned to the "mind which was in Christ Jesus," followed by several days of meditative inner work. There was little progress until he took a break and went for a long walk in the woods. And it was there that he heard the central message of the Code—a challenge for all of us to embrace a new Model of Reality.

The Zoom code is: 6239746443. When you enter the zoom code you will join the discussion. Or if you prefer, you can join us here in the Unity Spiritual Center Fillmore Classroom. Books are available in our bookstore or on Amazon.com.

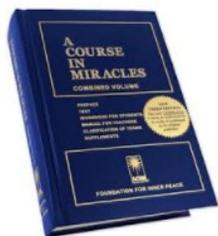
Cost of class: Free, but an offering is suggested to Unity Spiritual Center.

Since the earliest days of the faith, questions like this have been at the heart of Christianity. Over the centuries, they have led to fierce debate and produced deep divisions among the faithful. These questions have driven profound acts of faith and worship and incited war and persecution.

Now, you have an opportunity to explore the reactions to these profound questions and the many responses believers, scholars, and theologians have developed over more than 2,000 years.

You trace this epic story as it unfolds through the various teachings and divisions in the Christian faith. *The History of Christianity* begins at the very dawn of Christianity. You will see how, over the centuries, Jesus' teachings developed into the orthodox teachings of the mainstream church as well as the divergent doctrines taught by splinter groups branded as "heretics." However, orthodox teachings were really not orthodox, but varieties of belief that developed in the ancient church Jewish Christianity, Gnostic Christianity and Pauline Christianity.

Rev. Jim will bring this story to you in film, in discussion and historical timelines developed and presented in his book: *Christianity, A History*, starting November 4, 12:30pm.



A Course in Miracles Tuesdays at 10:30am

The Course in Miracles group meets every Tuesday at 10:30 am. The class began at the start of the book on October 2. Each week they continue from where they left off the week before. Everyone is welcome to attend this class and join in the discussion of the chapter of the week. Some consider the Course the most important spiritual document for our lifetime. After

completing each chapter, the study group will listen to recordings from the world's foremost teacher of the Course, Ken Wapnick, Ph. D.


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Spiritual Center

We're on the Web at
www.unitysc.org

Ministers

Rev. Sharon Connors
Rev. Lei Lanni Burt
Rev. Kim O'Connor
Rev. Billie Martini

Center Administrator

Cathy Collins

Director of Music

Mollie Kidari
Melvin Johnson, Choir Director

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623-974-6443
Office Hours:
Tuesday through Thursday
8:30am to 5pm
Sunday 9am to 1pm

Friend us on Facebook at
<https://www.facebook.com/UnitySCAZ/>

The Good News of Christmas

“An angel of the Lord appeared to the shepherds and they were filled with awe. And the angel said, ‘Behold, I bring you good news of great joy which will come to all people for to you is born this day in the city of David a Savior who is Christ the Lord.’ *Isaiah 61 & Luke 4:18*

“We shape ourselves to fit this world and by the world are shaped again, the visible and the invisible working together in common cause to produce the miraculous.”
David Whyte Working Together

My warm, sweet wishes come to you today.

As we celebrate the most beautiful season of the year, I hold a prayer in my heart that angels bring good news of great joy to you throughout this Holiday Season. May the Spirit of the Season produce the miracles of Christmas in your life and the lives of your loved ones—miracles of bright, new hope, sweet peace, sparkling expressions of love and vibrant joy.

There is good news of great joy in the Christmas story. It’s the news that is meant to bless you right where you are. The possibility of experiencing the exhilaration of the Spirit of God expressing Itself in ways that absolutely fill you with exuberant gratitude.

My most unforgettable Christmas memory that brings a smile to my heart and warms me still goes back some years to Chicago and a Christmas Eve like none other.

My dad woke us four kids up in the middle of the night. It must have been because the moon was high and the sky was filled with twinkling stars. I can still remember his words, “Look kids. Santa has been here!” He motioned us over to the big window in our 2nd floor bedroom. There on the sidewalk below in the new-fallen snow were foot and sleigh prints—obviously Santa’s foot prints. We all fell silent for a moment and then said in unison, “Wow!” as we turned and raced for the stairs. Sure enough. Santa had been there. He ate 1 and a half of the 3 cookies and drank half of the glass of milk we left.

What I have marveled at in the years since and is the most touching and extraordinary thing about that Christmas is that my mom and dad stayed up all night to put up and exquisitely decorate our huge Christmas tree—hand made ornaments and shiny tinsel icicles on each branch. They had also managed to wrap all the gifts

and place them artfully under our tree. I’m sure it was my dad who ate the sugar cookies and drank the milk, not my mom. So many acts of love to create a beautiful Christmas for their kids!

May this holiday season bless you with the sweetest memories, memories that remind you of how loveable you are. May you experience the Good News for yourself—a rebirth of hope, an experience of the deepest kind of peace, a kindling of unbounded joy and precious moments of love.

May the love light in you be kindled this Holiday Season to sparkle and shine your gorgeous love energy wherever you go. May you be filled with awe and wonder as the shepherds were with the angel’s promise of new life, new birth, and unprecedented joy. What might that look like for you this year?

With Love and Gratitude,
Rev. Sharon



UNITY BASICS

Wednesdays, Jan. 8—Jan. 29

10:30-12:00 & 6:00-7:30

Unity is a positive path for spiritual living. It could also be thought of as Practical Christianity that offers a design for living a spiritually-grounded and prosperous life.

Join us for a lively exploration of:

- The 5 Laws of Spiritual Dynamics & their practical application;
- Unity’s History, which is rooted in the renaissance in thinking that became the Transcendental Movement in the late 19 century & in current scientific research;
- Distinctions about Unity’s approach to spirituality.

This is a required class for those who may be interested in becoming members as well as a great review for those who may be long-time spiritual seekers.

Reminder From The USC Prosperity Team

Please remember Unity Spiritual Center this month, as you plan your Year-End Giving strategies. Your support will make a real, lasting impact on the health, wellbeing and outreach of our church!

December 2019 Calendar

Sun	Mon	Tue	Wed
<p>1 <i>First Sunday in Advent</i> 10:30am Discovering Advent, Revs Lei Lanni Burt, Billie Martini and Kim O'Connor 11:45am Fellowship Potluck (A-D Serve)</p>	<p>2</p>	<p>3 10am Tai Chi 10:30am A Course in Miracles 10:30am AA 6pm Choir</p>	<p>4 1pm AI-Anon 4pm Christmas Decorating Party</p> 
<p>8 <i>Second Sunday in Advent</i> 10:30am What Is a Life Worth Living? 11:45am Fellowship Potluck (E-K Serve)</p>	<p>9</p>	<p>10 10am Tai Chi 10:30am A Course in Miracles 10:30am AA 6pm Choir</p>	<p>11 11:30 Prayer Chaplain Christmas Luncheon 1pm AI-Anon</p>
<p>15 <i>Third Sunday in Advent</i> 10:30am Mindset of the Artist in You 11:45am Fellowship Potluck (L-O Serve) 12:30pm Prayer Chaplain Orientation</p> <p>5:30 Dinner Board of Trustees</p>	<p>16</p>	<p>17 10am Tai Chi 10:30am A Course in Miracles 10:30am AA 6pm Choir</p>	<p>18 1pm AI-Anon</p>
<p>22 <i>Fourth Sunday in Advent</i> 10:30am A Vision for You 11:45am Fellowship Potluck (P-Z Serve) 12:30pm USC Board Meeting</p>	<p>23</p>	<p>24 6pm Christmas Eve Service</p>	<p>25 Christmas Day 1pm—AI-Anon</p>
<p>29 10:30am What's Next? — Rev. Billie Martini 11:45am Fellowship Potluck (All Serve)</p>	<p>30</p>	<p>31 6pm New Year Burning Bowl Service</p>	

Office Closed

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Thu	Fri	Sat
5 9am Chair Yoga 10:30 The Jesus Code 10:30am AA 2pm Blossoming Depression Support Group 7pm OA	6	7 1:30pm Crystal Bowl Sound Healing Meditation
12 9am Chair Yoga 10:30 The Jesus Code 10:30am AA 2pm Blossoming Depression Support Group 7pm OA	13	14
19 9am Chair Yoga 10:30 The Jesus Code 10:30am AA 2pm Blossoming Depression Support Group 7pm OA	20	21
26 9am Chair Yoga 10:30am AA 7pm OA	27	28
December Birthdays 1—Mackey Essary 10—Paula Warren 11—Susan Fisher 13—Cathleen Collins 15—Harold Compau 16—Maria Ferran 17—Diane Denton		22—Rev. Lei Lanni Burt 25—Mort Rykiss 26—Lori Cole & Betsy Dreyfus 28—Gail Bliss 29—Marylou Lovato & Julie McKenna

Office Closed

UPCOMING EVENTS

Please plan to join us at 4PM on Wednesday, December 4, to decorate the Spiritual Center for Christmas.



And make time to hang around afterward as we kick off the season with a Pizza Party!



Christmas Eve

CANDLELIGHT SERVICE

DECEMBER 24 · 6:00 P.M.

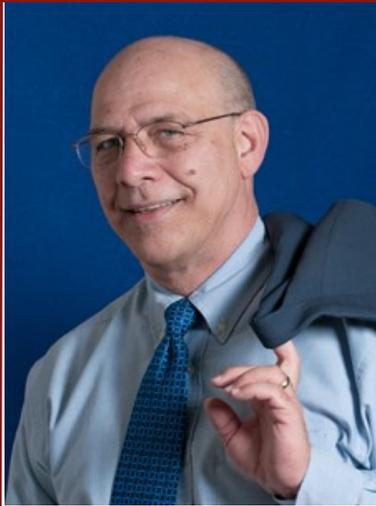


New Year's Eve Ceremony

Burning Bowl

release and let go

December 31
6:00 PM



Alan John Anderson

On November 12, 2019 Alan John Anderson, age 68, passed away peacefully from cancer surrounded by his loved ones.

Alan was born in Eugene, Oregon on February 15, 1951. He also lived in Italy, California and Washington before moving to Phoenix where he met the love of his life, William (Bill) Shaw. He

was an active member and Board of Trustees President of the Unity Spiritual Center in Sun City. Alan treasured the love and compassion of his Unity church family, his wonderful Fenders & Friends family and his amazing family at The TK Group of Home Smart.

An extraordinary artist and entrepreneur, he poured his creativity, passion and enthusiasm in his every endeavor.

As a Tailor and Fashion Designer he was trained in the old-world ways of the craft in Italy. His Eugene based work was well known throughout the region and beyond. He served as the On-Location Wardrobe Coordinator for Universal Studios, with film credits including Animal House (1978) and How to Beat the High Cost of Living (1980).

Alan founded and owned several businesses including a Restaurant (Dixie's Cafe), Eugene, Printing and Publishing, Seattle and as a Personal Trainer in both Seattle and Phoenix. He concluded his incredible business journey as a Realtor in Phoenix with The TK Group of Home Smart.

He had a marvelous gift of artistry, creating extraordinary art in both sculpting and painting. Most recently his focus was on sketch in pencil, as well as, watercolor; although he also delivered many works in acrylic and pastel.

Alan is remembered in love by his spouse William (Bill) Shaw; brother David Anderson and his partner Lucy O'Callaghan; cousin Sheryl Powell and her spouse Cheri Dale; Bill & Alan's beloved dogs Meg & Duke; and ex-wife Ezzie Anderson.

He is predeceased by his parents: John C Anderson and Dixie C. Anderson.

In lieu of flowers memorials may be made to the Unity Spiritual Center in Sun City and/or one-n-ten in Phoenix. A Celebration of Life will be held after the Holiday season.

Prayer Chaplains 2020

Did you know that Rev. Lei Lanni Burt is the founder of the Prayer Chaplain Program, through which ministers, Licensed Unity Teachers, church leaders and prayer chaplains are taught skills and core competencies to equip them to train prayer chaplains and administer their own prayer chaplain programs within their ministries? As JoAnn Cupp once remarked, "Rev. Lei Lanni's a rock star among prayer warriors – she's known in Unity churches all over the nation!" Rev. Lei Lanni has blessed our church in so many ways, and in preparation for our 2020 Prayer Chaplain Ministry, she will grace us even more by offering our Prayer Chaplains the very same program that she teaches throughout the country – normally for the price of \$450 a head! But Rev. Lei Lanni is offering this multi-day workshop for an "entry fee" that is the cost of the book, *Come Apart For Awhile*, by Robert and Janet Ellsworth – required reading for all 2020 Prayer Chaplains. The book, which normally sells for \$11 is available in our bookstore for only \$8.

As we grow our church, our Prayer Chaplains serve to meet the needs of our extended community. Completing the Prayer Chaplain training and "being" a Prayer Chaplain is transformational soul work. As you discover your greatness and the greatness of others, we are here to support you as you make this next step on your spiritual journey.

We invite you to prayerfully consider becoming a Prayer Chaplain. It is a unique service that differs from many of the other volunteer opportunities in terms of commitment-level and responsibilities. The Prayer Chaplain Team is a service opportunity for those congregants who are truly looking to take the next step in the development of their spiritual maturity and level of commitment in their spiritual growth. As such, Prayer Chaplains make a one-year commitment in fulfilling their responsibilities. No prior experience in prayer or praying with others is required to serve as a Prayer Chaplain. But you must be an active church member.

If you are already serving as a prayer chaplain, we honor you and thank you for the valuable service you have provided throughout the year, and

Crystal Bowl Sound Healing Meditation

Dec. 7, 2019 - 1:30 - 3:00 pm

Unity Spiritual Center of Sun City - 10101 W. Coggins Drive, Sun City



Facilitated by: Ms. Emily Slonina. Author, CTP, ERYT 500, EFT, RMT, CLYL-
Lotus Healing Village Peoria, Az.

- * Pre-meditation DRUMMING - puts you in the mode for meaningful meditation.
Feel the connectedness of our heartbeats as we drum together, promote calm and well-being. No cares, no stress, just peace.
- * Harmonic vibration from crystal bowls, gong and specialty singing bowls.

Love offering of \$20 is requested but no one will be turned away.

This is a public event, no yoga experience required. Bring a blanket or yoga mat and pillow if you like to lay down. Chairs will be available. Please come free of cologne/perfume. And bring WATER!



A fundraising event of PSDS Inc., non-profit US IRS Code 501(c)(3), to provide educational equipment to a school in the Philippines. Your offering is tax deductible. We are willing to share your donation with any school of your choice, just give us your school information. Donations can also be made via our Donate link in our webpage: www.facebook.com/PSDSINCORP or email us: psdsincorp@yahoo.com

Prayer Chaplains-Continued from Page 6

believe that each of you will find Rev. Lei Lanni's 2020 Training Program a great opportunity to enhance your skills.

If the Prayer Chaplain Program resonates with you and feels like an opportunity you would like to explore further, please plan to attend one of the two Prayer Chaplain Orientation meetings: one on Sunday, December 15th from 12:30 to 2:00, and the other on Sunday, January 5th from 12:30 to 2:00. This orientation is mandatory for all those who ultimately do decide to take this next step and attend the training. We'll have a training schedule for you in the December 1 bulletin and on the bulletin board. Call Cathy at 623-974-6443 if questions.

We Thank Our Sponsors For This Year's Fall Festival Pasta Feast

Look what happens when
you list your home with
Alan Anderson
your Listing
appears on
900 Websites!



Coming to Mindfulness
Mindfulness-Based Stress
Reduction Classes (MBSR)
(Classes held in Sun City West)
Lisa Ballard, MA RN CCM
623-680-1879
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